

CHAPTER 6

CREATING A COMFORTABLE BALANCE

... and to be a joyful mother of children.

—Psalm 113: 9

With so many options and opinions overloading us today, it is hard to know what path we should take and where to focus our time and efforts. Personally, I have struggled with the desire to “have it all” and the reality that having it all—especially all at once—is impossible. Regardless of the roads we choose, we necessarily sacrifice something. I have found, however, from my own experiences and those of others, that although sacrifices are inevitable, great rewards and blessings are attainable.